

PBGYAA
Recreational Soccer Division



2013 Fall Youth Soccer
League



Coach Manual

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PBGYAA-SOCCER DIVISION
PO BOX 30081 PLAM BEACH GARDENS, FL 33420

July 26th , 2013

Dear Youth Volunteer Coach:

We appreciate your interest in becoming a volunteer coach in our youth sports program. The programs we offer would not be possible without your commitment and dedication. The time you spend will play a role in the emotional, physical and social skill development of our youth.

This manual is a guide to make your experience a positive one. The suggestions and recommendations are proven to be helpful in making the entire youth sports experience a positive one for all involved.

Our staff will attempt to provide you with as much information and training possible to make this experience successful. If you have additional ideas or suggestions please forward them to a member of our staff.

We have aligned with the city of Palm Beach Gardens & National Alliance of Youth Sports (NAYS) for a coaching certification program and a volunteer background screenings. The National Youth Sports Coaches Association offers a certification course providing training when working in youth sports. This certification provides each coach with liability insurance coverage, sport specific training and a quarterly youth sports journal.

At the end of your experience we would appreciate you completing the volunteer coach evaluation form and sending us any feedback you may have received or have of your own.

Have a great season!

PBGYAA Soccer Board

Youth Sports Volunteer Coach Job Description

Title:

- Volunteer Youth Sports Coach

Qualifications:

- Successfully complete the application procedure and pass background check
- Attend all scheduled coaches meetings
- Successfully complete the National Youth Sports Coaches Association Certification program prior to season
- Be knowledgeable of all materials and information within the Coaches Manual
- Be enthusiastic, dependable and organized

Responsibilities:

- Follow PBGYAA policies and procedures, as well as the City's guidelines
- Plan and supervise assigned team practices and game conduct
- Supervise assistant coaches, and team parents
- Teach your athletes the fundamentals of the sport including rules and skills
- Encourage the involvement of the team parents, communicate all league schedules, information and policies
- Provide a safe and fun environment at all times
- Learn and follow all league rules, policies, and procedures
- Provide equal playing time to each player
- Attend all scheduled practices and games, arrive early and **stay until the last team member has left**
- Attend all necessary league functions and meetings
- Promote and follow all sportsmanship guidelines set forth by the Athletics Section and the NYSCA
- Establish and maintain a current telephone list of players, coaches and emergency numbers.
- While coaching, always maintain a neat and orderly appearance. Always conduct yourself in a professional manner
- Treat all equipment with the utmost of care and return issued equipment to Athletics Section staff upon conclusion of the season
- Control the conduct of your team, including players, parents and assistant coaches

Position Statement:

- The PBGYAA greatly appreciates the efforts and time of our volunteer coaches. There will be no tolerance, however, for inappropriate negative and explosive emotions, unsafe coaching practices, drug or alcohol use, or degrading of the athletes. Violations of our code of conduct can lead to actions up to and including termination of coaching duties.

National Youth Sports Coaches Association
2050 Vista Parkway
West Palm Beach, FL 33411
1.800.729.2057
www.nays.org

The National Youth Sports Coaches Association is a program of the National Alliance for Youth Sports. The Alliance is dedicated to improving out-of-school youth sports for all by raising awareness through leadership, education, and advocacy. Its Education and Youth Development divisions provide programs and services for administrators, coaches, officials, parents, and young athletes

The NYSCA Certified Coaching Education Program Benefits

- Qualify to be designated on the National Honor Roll
- \$2,000,000 excess liability insurance certificate
- \$250,000 excess Accident/Medical Insurance for injuries sustained while performing coaching duties
- Continuing education through four issues of the Youth Sports Journal
- Club USA partnership discounts for theme parks, hotels, motel, and car rentals
- Membership card/certified coach decal

What it means to be a NYSCA certified coach

- Responsibility for being aware of the psychological and emotional needs of children while participating in sports
- Responsibility for knowing that safety and first-aid care are the most important factors in the well-being of children and that at all times a person of authority should be called to treat any kind of injury
- Responsibility for being aware that conditioning, nutrition, flexibility, and strength development are important factors in children playing sports
- Responsibility that to the best of your ability you will teach the proper sports techniques
- Finally, by signing the NYSCA Code of Ethics Pledge, you are reminded that in youth sports the consideration of the children should be placed above all and that as a NYSCA volunteer coach you are held accountable to a Code of Conduct

The Athletics Section believes it is very important that all coaches acquire their NYSCA training for the safety of our children and overall benefit to our programs. We expect that all coaches will conduct themselves in the highest of standards set by the NYSCA, and to be a role model for the parents and other coaches.

Safety Responsibilities

Emergency Information

- Police Non-Emergency Phone Number 799-4400
- Emergencies 911
- All coaches must have access to either a cell phone or land phone they can reach within seconds. All coaches must have with them at all times a team roster sheet with emergency contact information and pertinent medical information for each player.
- If an accident happens, you need to have planned ahead so you know what actions to take for a given situation.
- All coaches will be equipped with a basic first aid kit and additional first aid materials will be available on site from the athletics staff .

Facility and Equipment Inspection

- Coaches must visually and physically inspect the practice or game area prior to activity.
- Coaches must inspect all equipment used in their activity such as pads, goals, etc.
- Coaches must ensure that every player has on and is using all necessary protective equipment.
- If coaches notice an unsafe condition they must report the problem by calling the league director immediately, and Parks personnel if necessary. Coaches then complete and turn in to league director an incident report, and refrain from continuing any activity.

Incident / Accident Reports

- All incidents and accidents must be reported to park monitor. An incident report will be filled out and given to the league director. The report must be filled out completely at time of incident and given to the league director within 24 hours.

Injuries and First Aid

- For any injury or accident that requires action beyond cleaning and covering with a bandage, coaches are required to seek medical assistance through a 911 call.
- We strongly encourage coaches to be knowledgeable of basic first-aid and injuries.
- Use the Red Cross formula of check, call, care. **Check** the scene for safety and prevent any further harm, **Call** for help of paramedics, **Care** for the victim until help arrives.
- Never hesitate to call 911 in case of injury to athlete.
- Talk to the parents about all injuries or first aid to a child.
- It is the policy of the City of Palm Beach Gardens Recreation Division & the PBGYAA that when a child loses consciousness during an activity that the child must be held out of all activity for at least 24 hours. Both the PBGYAA and the parent(s) of the child must be notified immediately of such an occurrence. The league director will receive permission from the parents for the child to resume participation.

Weather

- It is the policy of the Athletics Section that in cases of inclement weather to cancel the activity when deemed necessary for the safety of the children. Safety of players, coaches, and parents is the primary concern in cases of inclement weather. Once a game has started, the game officials take responsibility to declare the situation unfit for play and remove all participants from the area.
- The League Director will notify coaches by time set in policies and procedures of sport if the activity has been canceled for that day. If no call has been made all participants should show up at facility.
- Coaches must be knowledgeable on Lightning safety & policies and procedures of the division
 - All activity will cease immediately upon notice of lightning. Participants and staff should head for cover immediately.
 - **SUSPEND ACTIVITIES** for 30 minutes after the last observed lightning or thunder.
 - Using sight and sound observation, if staff notices a lightning flash or possible inclement weather situation, they are to end the outdoor activity or program immediately and move participants to a safe place inside a facility. It is the responsibility of all staff and coaches to watch for unsafe weather conditions and take appropriate actions. Be aware that the skies can be blue, but lightning still can be present.

Americans with Disabilities Act

The Americans with Disabilities Act (ADA) is intended to enhance and protect the rights of individuals with disabilities in all life activities and to provide clear, consistent, and enforceable standards for addressing discrimination against individuals with disabilities.

The policy of the Recreation Division's Athletics Section is to enable participation in our programs by making reasonable accommodations to any individual regardless of ability. Volunteer coaches in our programs are required to abide by this policy.

Duty to Teach Sportsmanship

As a coach for the PBGYAA Soccer Division, you must endeavor to teach all of your player's proper sportsmanship. Below are the guidelines you are to follow:

1. Develop a coaching philosophy where everyone gets equal playing time.
2. The Athletics Section does not keep league standings or statistics in its programs and we ask that coaches not stress win/loss records with their teams. Exceptions to this policy are made in certain older age divisions where a league playoff will occur.
3. Hold parent meetings to reinforce the importance of fun, sportsmanship, and cooperation with others. Explain our Parents Code of Ethics to your team parents, they must all sign this form and hand back in to the coach to be collected by the league director.
4. Take the time to point out examples of both good and poor sportsmanship by professional athletes and discuss their behavior with the team.
5. Reward ethical behavior and good sportsmanship. Make sure players are awarded for demonstrating fair play and good sportsmanship.
6. Teach athletes to be responsible for their own behavior.
7. Support officials and field directors in their efforts to control the games and stop any game that is out of control.
8. Educate your players about the rules and the "spirit" of the rules.
9. Stress fair play, civility, and common decency toward opponents and officials.
10. Control problems early and let fans and players know that there are consequences for unacceptable behavior.
11. Let your athletes know that there will be mistakes made and that losing as well as winning is a part of the game.
12. Define winning as doing your best.
13. Teach your team the importance of being gracious in both victory and defeat.
14. Never allow yourself or anyone else to discriminate against or make fun of athletes based on their race, gender, body type, ability, disability, nationality, religion, accent, ethnic origin, appearance, economic level, or parental affiliations.

Adopted from the NYSCA Youth Sports Journal

Corrective Action Policy

Players who fail to adhere to the rules of the league, team or coach for conduct and sportsmanship can be subject to disciplinary action. The Athletics Section does not want the misbehavior of one child to spoil the experience of youth sports for the other children in the program. Therefore, the Athletics Section has created a Corrective Action Policy to establish appropriate consequences and methods of dealing with inappropriate behavior. The Policy is a four-step system designed to forgive a mistake and minor indiscretion but to firmly address chronic misbehavior.

For violations of codes of conducts and league or team rules, the following steps will be taken:

Step 1 – Verbal Warning

Coach will discuss and explain undesirable conduct with player and parents and stress that this behavior will not be tolerated.

Step 2 – Period Suspension

Coach will sit-out the offending player for one period of time during a game that he/she would be playing. Coach will inform the League Director of the problem and explain why step 2 was taken.

Step 3 – Game Suspension

The League Director will instill a one game suspension for a player according to league rules and procedures. The coach will inform the League Director of this third offense; at which time the player and their parent both must meet with the League Director before the player is allowed to remain on the team. The player at this time will be warned that the next similar offense will result in dismissal from the league.

Step 4 – League Expulsion

The participant upon his/her fourth offense will be expelled from the league and no refund will be given. The parent must then make a formal request to enter the league in its next season. The child and parent will meet with the League Director and Athletics Coordinator prior to the start of the season, and a decision will be made if the child is capable of participating in the league.

These guidelines are not absolute in dealing with behavioral problems. They are to correct major violations of rules that disrupt the positive environment of the team or compromise safety. Coaches must use good judgment in utilizing the Corrective Action Policy.

Step 5 – Immediate Expulsion

Participants who knowingly commit grossly negligent behavior resulting in the compromised safety of fellow participants may be immediately expelled from the program at the discretion of the League Director.

Please refer to the disciplinary section of the PBGYAA/PBGYAA Soccer Division Bylaws.

Parent Orientation

PBGYAA/PBGYAA Soccer requires that you meet with the parents of your athletes prior to or early in the season. Developing a good relationship with the parents is vital in ensuring a positive experience for both the players and coaches. The orientation can consist of a meeting or letter or both, as this is a good way to allow the parents to work with you and also appreciate your efforts. Your parent orientation meeting can be as simple as meeting with them immediately following your first practice. Here are the topics you should cover in your parent orientation:

- Introduce all the head and assistant coaches of the team
- Explain the objectives of the program and the goals of the team
- Discuss with the parents your coaching philosophy
- Explain to them all the dates, times and other important aspects of games and practices such as what to wear and bringing water, and labeling all belongings
- Discuss the importance of being on time to games and practices or giving notice to the coaches, and being on time for pick-up after activities
- Discuss the great importance of following your example in the sportsmanship they must show at all times by being respectful to the officials, coaches and everyone involved in the program
- Inform parents about the nature of the sport and some of its inherent risks
- Explain team rules, regulations and procedures
- Explain to the parents what is expected of the players and the parents
- Discuss how you will strive to have fun and provide equal participation and not focus on winning
- Obtain help at this time from the parents for the seasons activities such as oranges at games or an end of season team party
- Answer any questions or concerns they may have
- Thank them in advance for helping you make this a positive experience
- Set up a calling tree for important information to get to each parent as soon as possible for reasons such as rainouts, meetings, activities, changes in schedule
- Have every parent and child sign the NAYS Code of Conduct form. No player may participate until his or her parent has signed this form.

Hand out to each parent his or her responsibility sheet and include your name and phone number.

General Practice Outline

Arrival

- Greet your players and their parent/guardian by name as they come, put all their labeled belongings in a safe place
- For those players that arrive early keep them occupied with quick games and drills that will make them better and do not let them fool around

Roll call

- Check attendance at each practice and game; remember the child is your responsibility until checked out to his or her parent.

Team Talk

- Discuss with the team what you will be working on today and the goals of this practice

Warm-Up Activities

- Stretching and light jogging
- All age players from 5 and up should stretch and perform warm-up activities
- Make some of the warm activities skill building drills

Sport Technique Skill Building Drills and Games

- Start with individual drills, move up to group and team activities
- Practice game situations and conditions

Conditioning Exercises

Team Talk

- Reinforce what the team learned today
- How goals of practice were met
- How the team got better
- Make sure they had fun

Use these websites for soccer drills to incorporate into your practices:

<http://www.flashdrills.com/> <http://www.soccerhelp.com/>
<http://www.kidsfirstsoccer.com> <http://www.joesoccer.com/>
<http://www.soccer-drill.com/> <http://www.jes-soft.com/soccer>
http://www.y-coach.com/CD/Soccer_Drills.htm
http://www.footy4kids.co.uk/youth_soccer_drills.htm
<http://www.soccerpracticebooks.com/drills.html>
<http://www.decatursports.com/soccerdrills.htm>
<http://www.eteamz.com/soccer/pills/jpill.htm>
<http://eteamz.active.com/soccer/instruction/tips/>
<http://www.soccerclub.com/training/drills/default.asp>
http://www.finesoccer.com/finesoccer_drills_archive.htm
<http://www.playgreatsoccer.com/>
<http://www.teamanizer.com/soccer-drills.htm>
<http://www.mastersport.co.uk/soccerskills.htm>

Dealing With Angry Sports Parents!!!

PBGYAA/PBGYAA Soccer appreciates and welcomes all coaches, parents, and participants to sports programs, for without these individuals it would not be a success. To ensure that this success is continued ten steps have been outlined to help individuals deal with one of the most potentially hostile issues in youth sports-*Angry sports parents*.

- **Avoid discussing the problem at the game/ field**
Coaches should not discuss problems with parents on the field, or near the players, especially if the parent is upset. The field is not the appropriate place for this.
- **Agree to meet with the parent at a more appropriate time/place**
By agreeing to this, the parent will not have an audience, they will have had a chance to cool down, and the coach will have a proper amount of time to prepare appropriate responses.
- **Listen to the parents**
The coach should listen to what the parents have to say with an open mind to any situation.
- **Avoid interrupting**
When the coaches interrupt the parents, it only aggravates the situation more.
- **Don't disregard or become defensive**
Avoid defending or justifying your actions, it only makes it worse.
- **Show empathy**
Let the parents know how sorry you feel about their child being treated unfairly. This helps the parent feel that the problem will be taken care of.
- **Clarify the problem**
Ask probing questions to find out exactly what the problem is, and how it originated.
- **Offer a solutions**
Avoid making promises that you can't keep, and let them know what you can and cannot do.
- **Obtain closure**
Conclude the meetings with three things:
Leave the parent with a closing statement (e.g. "I'll get on it now")
Thank the parent for their interest.
Tell them when you will follow-up with them (e.g. "I'll call you tomorrow").
- **Leave the doors of communication open**
Make sure that the parent understands that they can always talk to you about any other situations that may arise. Therefore they feel their complaint has been taken seriously and that you appreciate the coach-parent relationship.

Team Selection Procedures – Youth Soccer

There is no evaluation for U6 players. The League Director and his/her committee will assign players to teams. All other players will be required to attend the player evaluation. Since everybody who registered and wants to play will be placed on a team, player evaluations are intended to help preserve parity and to ensure a competitive league with no dominant team.

- All players will be assigned a number and will line up into groups to perform drills to test their abilities and skills development. All players will have a chance to do each drill. After every player has completed all drills, their segment of the evaluation will be complete, and they will be dismissed.
- Coaches will have a list of all players and numbers. Each coach will evaluate each player using a rating system of 1-5.
- **1-Poor 2- Below Average 3-Average 4- Good 5- Outstanding skills**
- After all players have completed the drills, coaches will get together at a draft and agree on one rating for each child. We will then immediately start the draft process. Numbers will then be put in a hat and each coach will pick one to determine their draft order. Draft orders may not be traded or changed with other teams.
- Each coach may freeze only his own child(ren) and that of one assistant for placement on his/her team. There are no freezes for any other person.
- Each coach's child will have his/her playing ability rated by the other coaches. That child will then be the coach's first pick for the numbers his/her child was rated.
- Siblings of the same age division must be drafted on the same team unless the parent requests otherwise. Unless there is a **significant extenuating circumstance**, no other "coupling" will be permitted. **Transportation requests** will be indicated and coaches should try to accommodate, but are not required to do so. Coaches may take trades upon completion of the draft, but it is their option and each trade must be approved by the league director. Coaches are not guaranteed any particular player.
- Coaches will pick in sequence for the first, third, fifth, etc... rounds, and in reverse order for the second, fourth, sixth, etc...
- Drafting will be started with #5 rated players, then #4's, and so on to the #1's.
- **You may draft down if you want to.**
- Only the head coach and assistant coaches may be present during the drafting. No parents, children or players permitted.
- Coaches will pick until the player pool is exhausted. No coach may pass in any round.

- Players who are not registered by the draft day may not be drafted. All players absent from the evaluation will be given a ranking number if coaches know the child and can agree to one. If no ranking number can be agreed upon for an absent child they will be declared a blind draw. These blind draws will take into account the age and sex, and not foreseen ability, of the players and placed accordingly as fairly as possible by the league director at the conclusion of all ranked picks.
- The League Directors will place players who do not show up in the draft (meaning registered late) on teams on an as needed basis and in the interest of fairness and equity.
- Immediately following the completion of the draft, coaches will decide on a name for their team. The team with the last pick in the first round will pick their team name first, working our way back to the first team to pick. Team color will be chosen by the league director.
- The league director has the right to alter draft procedures during the course of the draft in the interest of fairness and equity as unforeseen circumstances arise. Most drafts do not go perfectly however this process has produced fair and even teams in the past. The overriding rule to this league is that it is a recreation league for fun and participation only, and winning should not be important.

Evaluation Day

All players will check in to the registration table at the fields and receive a number to place on their back.

All coaches will have an evaluation sheet to make notes on the ratings of each player. Please bring this evaluation sheet with you to the draft.

All players will be placed into teams of four and sent to one of the five small side soccer fields we will have set up. Evaluation day will consist completely of small side scrimmage game action and not drills to assess the abilities of each child.

There will be five fields set up, the children will not rotate from field to field, so the coaches must visit each of the fields to get a look at every player. Each game will be approximately 20 minutes so you have 20 minutes to visit each of the five fields and evaluate the players.

PBGYAA Soccer Board member will be at every field to facilitate the game action, answer questions and mediate issues.

League Philosophy

- The purpose of the Youth Soccer league is to provide a soccer experience for the children where we focus on safety, fun, and skill development.

Meetings and Evaluation Day

-

Evaluations Aug 17th 12:30pm Klock Fields

U8 (6/7) Boys --> 8am
U8 (6/7) Girls --> 8:45am
U10 (8/9) Boys --> 9.30am
U10 (8/9) Girls --> 10.15am
U12 (10/11) Boys --> 11am
U12 (10/11) Girls --> 11.45am
U14 (12/13) Boys --> 12.30pm
U14 (12/13) Girls ----> 1pm
14-17 Coed ----> 1.30pm

** The U5/U6 division does not hold an evaluation;*

NYSCA Certification

- *coaches can take online at www.nays.org*
- ** All coaches will be NYSCA certified*

Drafts

U5/6 Coed	Completed by League Directors
U8 Boys	Aug 19th 6:30 pm
U8 Girls	Aug 19th 6:30 pm
U10 Boys	Aug 20th 6:30 pm
U10 Girls	Aug 20th 6:30 pm
U12 Boys	Aug 21st 6:30 pm
U12 Girls	Aug 21st 6:30 pm
U14 Boys	Aug 22nd 6:30 pm
U14 Girls	Aug 22nd 6:30 pm
14-16 COED	Aug 22nd 7:30 pm

Parents Meeting

- Parents will receive an information handout at Evaluation Day

Coaches

- All coaches are NYSCA certified and undergo criminal background checks.

Practices

- Start Date: 8/24/2013
- Location: Klock Soccer Complex
- Times: use practice schedule
- Notes:
 - Each Team allotted 3 practice slots per week until the beginning of game schedule.(2- U5/U6)
 - **Once games begin, all fields will be used for games.**

Games

- Start Date: 9/7/13, Opening Day Ceremonies and games
- End Date: 11/9/13

Coed:

<u>U5/U6 League</u>	Wed/Fri/Sat	5:30/6:30 pm & 8:30-10:30 am
<u>HS League</u>	Mon /Thurs	6:30 & 7:30 pm

Boys:

<u>U8 League</u>	Tues/Fri/Sat	5:30-7:30pm & 10:30-12:30pm
<u>U10 League</u>	Tues/wed/Sat	5:30-7:30pm & 8:30-12:30pm
<u>U12 League</u>	Tues/Sat	5:30-7:30pm & 10:30-12:30pm
<u>U14 League</u>	Tues//Sat	6:30-8:30pm & 10:30-12:30pm

Girls:

<u>U8 League</u>	Thurs/Sat	5:30-7:30pm & 10:30-12:30pm
<u>U10 League</u>	Thurs/Sat	5:30-7:30pm & 8:30-11:30pm
<u>U12 League</u>	Thurs/Sat	5:30-7:30pm & 8:30-10:30pm
<u>U14 League</u>	Thurs/Sat	6:30-8:30pm & 10:30-12:30pm

- Notes: Game schedules will be distributed the first week of practice.

Game Scheduling Policy

With respect to coaches coaching two teams we will make every attempt to make games back to back, although this is not always possible.

Once game schedules are completed and distributed they are **final**.

Rain Dates

- Games will be rescheduled time permitting. All weekday evenings will be used if necessary as days in which rainouts will be rescheduled.

Practice Weather Information

- The league director will not cancel individual team's practices in cases of inclement weather. The exception to this rule will be when the facility is unsafe for play due to flooded fields and/or lightning. In cases of rain however, the head coach is responsible for determining whether their team will practice and communicating this information to the team parents.

Game Weather Information

- League Director will notify the head coach via email by 4:30 pm of games canceled due to weather
- The Athletics Hotline 630.1124, and the BRCC front desk 630.1100 will be also be notified of game status and coaches and parents may call these numbers as well.
- All efforts will be made to reschedule a game that has been called due to weather. Due to time and facility constraints, some games may not be able to be made up.

Lightning

- All coaches will use extreme caution in continuing play when bad weather exists. The field supervisor will stop, and if necessary, cancel games when lightning is present. An air horn will be used to notify participants that the field needs to be evacuated. The best practice is to use sight and sound as we watch carefully for bad weather. Any alarming weather should be treated as such and the adults on the ground need to take action to move to safety. All coaches and parents must immediately follow the directions of the Athletics field supervisor in case of inclement and dangerous weather.

Illegal Equipment

- Players may NOT wear any jewelry, hats, or watches of any kind to a practice or game. THIS INCLUDES EARRINGS. Parents please help us by taking all these items off your child prior to showing up for soccer practice or games, referees and staff will not allow the child to play if they have any jewelry on. Parents may wish to consider not having their child's ears get pierced immediately prior to the season as they will need to come out for all program activity.

Contact

- The league director will communicate ALL league information to coaches by email only including game cancellations, make-up schedules, rules clarifications, etc. There is of course an open door policy in which you are welcome to call me at any time to discuss a league issue.

Equipment Provided

- Coaches will receive an equipment bag of 2 balls, 8 cones, 2 goalie shirts.
- Players will receive a uniform for games consisting of a jersey, shorts, and socks.
- Players will receive a participant trophy at the end of the season & soccer ball.

Equipment Required

- All players must wear shin guards to every practice & game.
- Sneakers or rubber molded cleats must be worn. Cleats must be of a soccer style pattern meaning NO front toe cleat.

Seating

- All spectators are required to sit on the opposite sideline of their team.
- Spectators are encouraged to bring chairs as bleacher seating is limited.

Game Balls

- U6 Division size 3
- U8 Division size 4
- U10 Division size 4
- U12 Division size 4
- U14 and HS size 5

Pictures

- The PBGYAA Soccer Division will coordinate for a picture company to take pictures at Klock Soccer Complex. Parents will receive an order packet from their coach showing the date and time pictures will be taken (it will be held on opening day for your convenience). It is the responsibility of the Parents to order and pay for their own pictures.

Player Selection & Requests

- Evaluations and a team draft are held to assist in creating the fairest and evenly balanced teams possible. Requests are noted on sheets and given to the coaches for their draft, no requests are guaranteed.
- If a registered participant is not able to attend evaluation, they will still be drafted.
- No coaches will be guaranteed to have placed on their team any child other than their own.

Participation

- Every player is guaranteed to play in 50% of every game.

PBGYAA Soccer Guidelines

All children participating in the Program must be registered with the PBGYAA. No one will be allowed to practice or play in a game unless registered. All players must practice at least one (1) time in order to play in a game.

The leagues in the Program are as follows:

Coed:

<u>U6 League</u>	<u>#3 Ball</u>	Games consist of four 10-minute periods
<u>HS League</u>	<u>#5 Ball</u>	Games consist of two 30 minute halves.

Boys:

<u>U8 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves
<u>U10 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves
<u>U12 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves
<u>U14 League</u>	<u>#5 Ball</u>	Games consist of two 25-minute halves

Girls:

<u>U8 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves
<u>U10 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves
<u>U12 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves
<u>U14 League</u>	<u>#5 Ball</u>	Games consist of two 25-minute halves

- The age a child is on August 1 of this year determines their eligibility for the program and division they play in.
- Team rosters will have a maximum of ten (10) to sixteen (16) players.
- The League Director must approve additions to a team roster. If possible, a team will receive a player equal in age, gender, and ability to the players they have lost.
- Players, who are added to teams, will be taken from a waiting list on a draw basis. Player(s) added to a team must practice once with the team before eligible to participate in a League game. **Please do not tell people you have room on your team and they can just join up. There is a waiting list process for fairness and anyone who wants to play must contact the league director to see if there is room.**
- Players cannot transfer from one team to another during the course of the season unless approved by the League Director.

Games

Days, games times, and field assigned (**subject to change**) for League play are as follows:

- A maximum number of players on field (per team) at one time during game will be as follows. This regulation, however, maybe adjusted for a division that may have fewer participants. A decision will be made once team rosters are finalized and registration ends. A team can play no more than two down.

<u>Proposed</u>	
U6 Division	6 v 6
U8 Division	6 v 6
U10 Division	6 v 6
U12 Division	8 v 8
U14 Division	8 v 8
HS Division	11 v 11

- Teams have until the designated game time to field a team of required number of players. Failure to do so will result in a forfeit. A forfeit game is scored 1 – 0. If enough players are present, a forfeited game will be played (as a scrimmage) for the benefit of the children. The official score is still 1 –0.
- When a team is short players, they may “borrow” players from the other team or play man down on both sides. There must always be an effort made by both teams to get a game played so that the kids have fun, no matter who has to play on what team.
- A game is considered official after one (1) half of the game has been played.
- If a game is called by the referee due to bad weather or an unplayable field before one (1) half of the game has been played then the entire game will be rescheduled, schedule permitting.
- Head Coach, assistant coach, team parent, and players are the only ones allowed on the team side of the field. All spectators (parents especially) must stay on the other side of the field, designated spectators side (bleacher side). Coaches and game officials must enforce this rule. Coaches must coach on their team’s half of the field only.

PBGYAA Soccer: Game Rules for Officials

Spring Season 2013

The leagues in the program are as follows:

- Game Times, Ball size, and Amount of Players Per Team:

<u>Coed:</u>	<u>Ball Size</u>	<u>Game Times</u>	<u># of Players</u>
<u>U5/U6 League</u>	<u>#3 Ball</u>	Games consist of four 10-minute periods	6 Vs. 6
<u>HS League</u>	<u>#5 Ball</u>	Games consist of two 30 minute halves.	8 Vs. 8

Boys:

<u>U8 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves	6 Vs. 6
<u>U10 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves	6 Vs. 6
<u>U12 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves	8 Vs. 8
<u>U14 League</u>	<u>#5 Ball</u>	Games consist of two 25-minute halves	8 Vs. 8

Girls:

<u>U8 League</u>	<u>#4 Ball</u>	Games consist of four 10-minute periods	6 Vs. 6
<u>U10 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves	6 Vs. 6
<u>U12 League</u>	<u>#4 Ball</u>	Games consist of two 25-minute halves	8 Vs. 8
<u>U14 League</u>	<u>#5 Ball</u>	Games consist of two 25-minute halves	8 Vs. 8

- All games will end on time, even if they start late. For example, 8:30am games will be finished and off the field by 9:30am, even if they started late.
- In the **U5,U6, U8, U10**, divisions there will be no offside's called. However, if in the discretion of the referee a player is intentionally "goal hanging" a warning will be given to the coach and goals by that player will be disallowed. In the U5/6 Division all goal kicks will be taken from the **penalty area line** (18 Yard Line).
- All players must wear shin guards during practice and league games. No exceptions!
- No slide tackling under any circumstances. Restart is IFK from point of infraction for the other team.
- If the referee has to stop the game due to a player getting injured, that injured player must be removed from the game. That player may re-enter the game at the next stoppage of play.
- Players can be substituted into the game under the following conditions;
 - Referee's Timeout
 - On a yellow or red card from the referee
 - Goal being scored
 - Goal Kick
 - Throw-in

* Coaches must sub players by asking permission of the referee for a sub to be entered and then wait for the player coming off to exit the field before the new players enters the field. As a recreational league, we direct the referee's to be lenient on this rule so that players can be subbed quickly as to not slow down the game.

- Opening Kickoff is a direct free kick, If the ball is untouched by another player and goes directly into the goal, it is a goal.(THIS IS NOT ALLOWED IN U5/U6 and U8)
- A goal may not be scored on a goalie's punt.
- We allow one retake of a bad throw-in only in the U5,U6 and U8 divisions.
- Every player is guaranteed 50% playing time, even if they do not show up for practice or some games. The kids don't drive the car.....
- This is not open for discussion and **MUST** be enforced unless the player is injured or does not want to play
- No metal or screw-in cleats allowed. Soccer shoes must have rubber or molded cleats.
- No jewelry (including earrings) or watches allowed during games.
- The referee is the sole judge on the field of play. The referee has complete authority over the game, the players, coaches, and spectators. Their decision is final.
- Coaches, in the age divisions are to stay on their half of the field's sideline and not cross to the other half of the field. A coach may be between the half line and the penalty area box on their half of the field. **All fans need to occupy the opposite side of the field from the players. Officials need to enforce this rule.**
- One coach in the U5/6 division can be on the field, but is not to interfere with the ball or any players. A second coach can stand off the field near the goal to give verbal guidance to the goalie. A referee at his or her discretion can ask a coach to leave the field if they are interfering in play.
- Any player who is red carded (ejected) from a game by the referee is given an automatic one (1) game suspension and possibly longer depending on the seriousness of the offenses.
- The league Director will decide on the length and severity of each suspension.
- **No penalty shots in the U5,U6, U8, divisions. A Direct Free Kick (DFK) foul in the penalty area will be an Indirect Free Kick (IFK).**
- **Overtime:**

- Only in playoff games, 5 Minute sudden death. If game is not decided by the end of the 5 min period game will be decided with free kicks from the mark.

Team Responsibilities

- Each team will be issued an equipment bag with (2) soccer balls, and (8) cones for practice purposes at the beginning of the season.
- Coaches are responsible for notifying their player of practice times, game times, make-up games, and all other important League and Program information. They are also responsible for distributing team uniforms (t-shirts and socks) and game schedule to each of their players.
- We require that coaches and referees treat each other with the utmost respect and please allow me to help in any case where you feel this is not occurring. We want to keep this league positive and fun according to my philosophy.

<http://www.fifa.com/en/regulations/regulation/0,1584,3,00.html>

*** ANY RULES NOT COVERD BY THE PALM BEACH GARDENS YOUTH ATHLETIC SOCCER PROGRAM LEAGUE RULES AND REGULATIONS ARE COVERED UNER THE FIFA RULES FOR SOCCER***